



Get a Grip Cycles

"Always under the vigilance and care of Kevin Corsello, Get a Grip Cycles only accepts the finest, skilled, and certified mechanics in the industry. Once your frameset, wheelset, gruppo, and components have been chosen, our mechanics ensure that your new ride is meticulously and lovingly built with the same kind of love and care it will receive when you take it home. Get a Grip Cycles goes that little extra further by providing free lifetime scheduled maintenance on any bike you purchase from Get a Grip Cycles."

Get a Grip Cycles



serotta

seven  cycles

**PARLEE
CYCLES**

cervélo

ORICA

cannondale

SCOTT

Irving Park Pro Shop

4359 W. Irving Park Rd. Chicago, IL 60641
773-427-4747

Fulton Fit Studio

621 W. Fulton St. Chicago, IL 60661
312-627-1701

getagripcycles.com



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Service

LABOR RATES

TUNE-UPS

Tune-up Standard	\$85
Tune-up Deluxe	\$150
Pro Build / Overhaul (Road / MTB)	\$225
Pro Build / Overhaul (Triathlon)	\$250

WHEELS

Wheel build (standard)	\$50
Wheel build (carbon)	\$100
Wheel disassembly (standard)	\$15
Wheel true	\$15 to \$25
Hub adjustment	\$15

SHIFTING SYSTEMS

Deraillleur adjustment	\$15
Deraillleur hanger alignment	\$25
Cable installation (standard)	\$5
Cable installation (internal cable routing)	\$15
Chain installation	\$10
Bottom bracket installation	\$25
Crank & bottom bracket installation	\$40

Tube/tire installation (quick-release hub)	\$10
Tube/tire installation (bolt-on hub)	\$15

Tube/tire installation (includes glue) (Requires four days to complete process)	\$50
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Tubular tire removal & rim cleaning	\$40
Tubeless tire installation	\$25

HANDLEBARS/STEMS

Handlebar tape installation	\$10
MTB grips and bar ends installation	\$5
Handlebar & tape/grips installation	\$30
Aerobar installation	\$50 to \$150
Stem installation	\$10

BRAKE SYSTEMS

Brake adjustment	\$15
Hydraulic disc brake bleed	\$40
Brake pad installation	\$10

ELECTRONICS

Computer installation (standard wireless)	\$10
Computer installation (standard wired)	\$15
Computer installation (cadence wired)	\$20
PowerTap installation (wired)	\$50
PowerTap installation (wireless)	\$20
SRM installation	\$100

FORKS/HEADSETS

Headset adjustment	\$10
Headset installation	\$40
Headset & fork installation	\$60
Cut fork & compression plug installation	\$20
Suspension fork overhaul	\$75 to \$150

ACCESSORIES

Saddle installation	\$5
Fenders installation	\$30
Rear rack installation	\$20



TUNE-UP: **\$85**

Includes all of the following services:

- Wipe down of frame and drivetrain
- Wheels cleaned, trued, and tensioned
- Brakes adjusted to increase braking power and modulation
- Front and rear derailleurs adjusted for optimal shifting performance
- Cables lubricated
- Headset, bottom bracket, and hubs adjusted to minimize friction and eliminate lateral play
- Tires inflated to proper pressure
- All bolts checked for correct torque specification

TUNE-UP DELUXE: **\$150**

Includes all services of Tune-up, plus:

- Complete removal of the drivetrain
- The following drivetrain components removed and cleaned in our OmegaSonic ultra sonic parts washer: derailleurs, chain, cassette, brakes, chainrings
- Lubrication and reinstallation of drivetrain components including bottom bracket

PRO BUILD / OVERHAUL:

\$225 (Road / MTB) / \$250 (Triathlon)

Includes all services of Tune-up Deluxe, plus:

- Complete removal of all components and thorough cleaning of frameset
- Repack bearing surfaces (hubs, headset, bottom bracket) with fresh grease as needed
- Installation of new cables and housing
- Installation of new handlebar tape

REPAIR CLASSES: FREE

Join us for our free repair classes.

We cover the following topics:

- Fix a flat tire
- Clean and lube the drivetrain
- True a wheel
- Pack a bike for travel
- ...and more!

Call us or visit us online at getagripcycles.com for more details and class schedule.

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United Bicycle Institute